## Beadato

## 5 SECRETS TO MAKING STRETCH BRACELETS

## by Meredith Roddy



Stretch bracelets are perfect for stacking, gifting, and as a last minute add on sale! Follow these tips and your stretch bracelets will be strong, durable, and beautiful!

Materials

- Beadalon ${ }^{\oplus}$ Clear Elasticity Stringing Cord
- Beadalon ${ }^{\oplus}$ Elonga ${ }^{\text {TM }}$ Bead Cord
- Beadalon ${ }^{\circledR}$ Elastic Cord Needle
- Scissors
- Beads


## Top Tips:

1. Pre-stretch your stretch material before stringing.
2. One size doesn't fit all, use thicker size stretch cord for beads with larger holes.
3. If you want to hide the knot in a bead, use a bead reamer to make hole bigger.
4. Design your bracelet on an Elastic Cord Needle before transferring the beads to the stretch material.
5. Use a double overhand knot to finish. If that doesn't work for you, try doubling your thread and knotting through the loop.


## Instructions:

STEP 1 - Use the Elastic Cord Needle to string up your design.
STEP 2 - Cut a length of stretch cord about 20 inches ( 51 cm ) long and double it.
STEP 3 - Slip the hook of the Elastic Cord Needle over the loop. Gently move the beads from the needle to the stretch cord.

STEP 4 - Remove the elastic cord from the hook of the needle.
STEP 5 - Thread one end of the elastic cord through the loop on the other end. Pull tight to remove the slack. STEP 6 - Tie a surgeon's knot (right over left, left over right twice) to secure. Pull all of the ends of the cord tight. Snip off the ends and hide the knot in one of the beads.

